

WEEK ONE

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

OPTION

#1

CLASSIC BEEF LASAGNE

With Garlic Bread



HOT WOK CHICKEN NOODLES

BUTCHERS SAUSAGE & MASH

with Onion Gravy

SPICE & RICE



CHICKEN KORMA

with 50/50 Rice

BATTERED FILLET OF FISH

served with Chips & Tartare Sauce

OPTION

#2

QUORN AND BLACK BEAN FAJITAS

with Rice



CAJUN SWEET POTATO & SPINACH TART

with New Potatoes

VEGGIE SAUSAGE & MASH

with Onion Gravy



SWEET POTATO, CHICKPEA & SPINACH TIKKA

with 50/50 Rice



GREEK SPINACH & FILO PARCELS

and Chips

ON THE SIDE

Green Beans
Carrots

Sweetcorn
Roasted Broccoli

Red Cabbage
Peas

Roasted
Cauliflower &
Sambals

Peas
Coleslaw

DESSERT OF THE DAY

LEMON DRIZZLE SPONGE

BLONDIE WITH BERRIES

APPLE & CHERRY OATY CRUMBLE

with Custard

FRUIT MUFFIN

PINEAPPLE UPSIDE DOWN CAKE

ALSO AVAILABLE!

SOUP OF THE DAY
FILLED JACKET POTATOES

CHECK OUT...

OUR HOT AND COLD
GRAB & GO SELECTION

MENU KEY

ADDED PLANT PROTEIN



VEGAN OPTION



SOURCE OF WHOLEMEAL

ALLERGIES

PLEASE SPEAK TO A MEMBER OF STAFF IF YOU HAVE AN ALLERGY AND NEED TO KNOW WHAT'S INSIDE OUR FOOD DISHES. THEY WILL ADVISE YOU OF YOUR AVAILABLE CHOICES.

WEEK TWO

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

OPTION #1

CHEESE AND ONION QUICHE

With New Potatoes

STREET FOOD

SPICY CHICKEN

With Khobez and Tabbouleh Salad

THE CLASSIC ROAST DINNER

with all the trimmings

BEEF MEATBALLS IN TOMATO SAUCE

with 50/50 Rice

FISHFINGERS OR SALMON FISHCAKES


with Chips

OPTION #2

GREEN THAI VEGETABLE CURRY

with Rice 

HOUMOUS AND FALAFEL

With Khobez and Tabbouleh Salad 

BUTTERNUT & BEETROOT WELLINGTON

with Roast Potatoes & Gravy 

TOFU AND BROCCOLI WOK FRIED RICE

LOADED HOUND DOG

with Chips

ON THE SIDE

Roasted Butternut Squash Cauliflower

Red Cabbage Slaw and Roasted Chickpea Salad

Broccoli Sweetcorn

Carrots Green Beans

Baked Beans Garden Peas

DESSERT OF THE DAY

CINNAMON APPLE TURNOVER

SYRUP SPONGE

PLUM & VANILLA CRUMBLE with Custard 

VANILLA SPONGE

CARROT CAKE

ALSO AVAILABLE!

SOUP OF THE DAY
FILLED JACKET POTATOES

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OUR HOT AND COLD
GRAB & GO SELECTION

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 **ADDED PLANT PROTEIN**
 **SOURCE OF WHOLEMEAL**

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OPTION #1

STICKY SOY AND HONEY NOODLES

THE MEXICAN KITCHEN

MEXICAN BEEF CHILLI

with 50/50 Rice or Soft Tacos



CREAMY CHICKEN PIE
with Crispy Roasties & Gravy

CHICKEN KATSU CURRY
with Rice

BATTERED FISH
with Chips & Tartare Sauce

OPTION #2

VEGETABLE PLAIT
with New Potatoes and Gravy



MEXICAN VEGETABLE RICE

ROAST QUORN & YORKSHIRE PUDDING,
Crispy Roasties and Gravy



SMOKEY BBQ PLANT BALLS
with Couscous/Spaghetti



THE BIG PLANT BURGER
with Chips



ON THE SIDE

Green Beans
Sweetcorn

Pineapple
Salsa & Slaw

Roasted Carrots
Swede

Broccoli
Roasted
Vegetables

Garden Peas
Baked Beans

DESSERT OF THE DAY

WARM BANANA FLAPJACK



SCHOOL CAKE

CHOCOLATE SHORTBREAD CAKE

STICKY TOFFEE APPLE CRUMBLE
with Custard



PANCAKES & CHERRY SAUCE

ALSO AVAILABLE!

SOUP OF THE DAY
FILLED JACKET POTATOES

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VEGAN OPTION

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